

ZERO HUNGER

Sustainable Development Goal 2



TOOLS FOR T
Tools for becoming a T-Shaped professional



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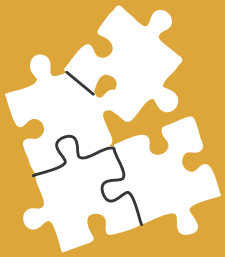


Lessoncard Guide:



Lesson Overview:

In this overview you can find everything that you need and/or have in your packet to teach about the second Sustainable Development Goal (SDG): Zero hunger.



Learning Objectives:

- Why food costs differently depending on where you live
- That even if you live in a developed country you can still go hungry
- That its not just about the money when it comes to having food



Key Objective:

Getting the students into motion so they think about the Sustainable Development Goal and how they can improve themselves to make a contribution to it.



What to find in this lesson card:

- Informational video's
- Questionnaires
- Interesting facts
- An immersive VR experience

Nourishing Tomorrow: Unveiling the Journey of SDG 2

SDG 2, the Food Revolution, envisions a hunger-free world by 2030. It's not just a goal for governments but a call for everyone, especially young people, to reshape how we relate to food. Zero Hunger is about taking action, promoting sustainable farming, and ensuring everyone has enough nutritious food. SDG 2 empowers individuals to become Zero Hunger Heroes by learning about farming, advocating for food justice, and building a nourished world. Join us on this journey toward a future where no one goes hungry.



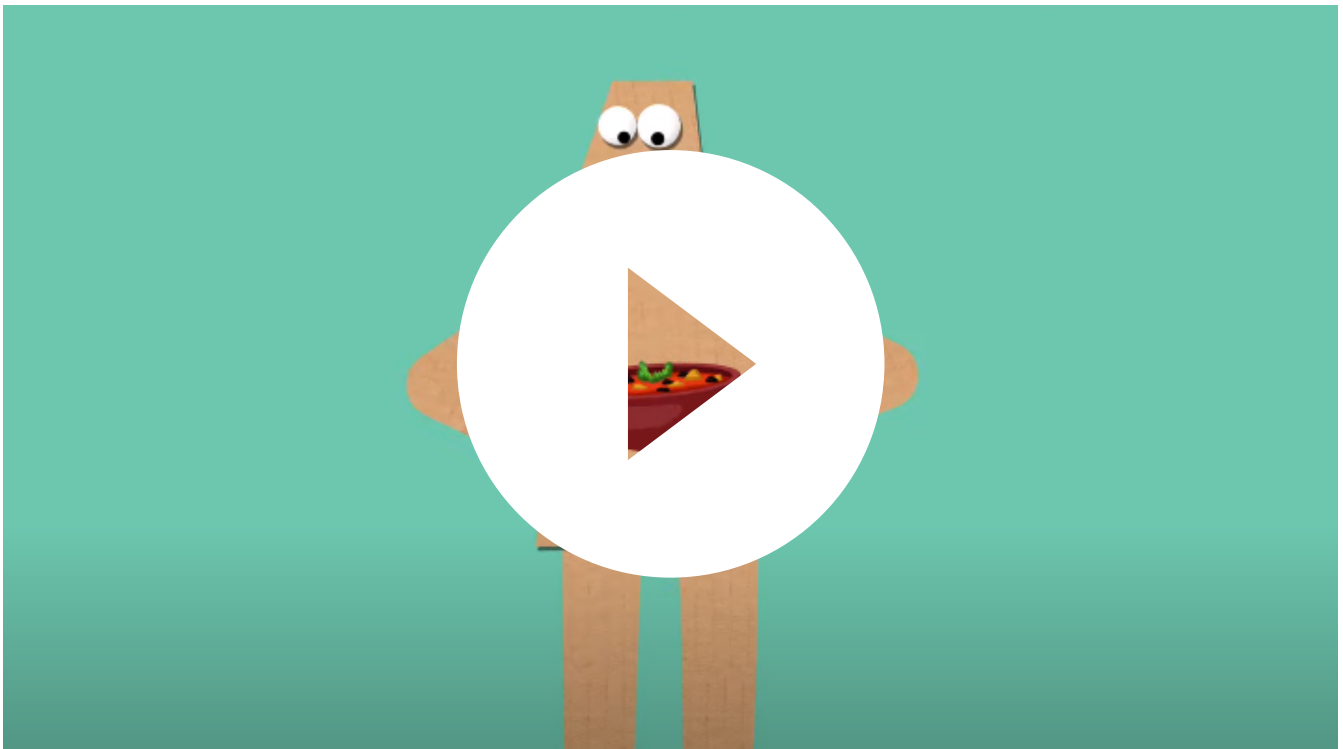
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Learn more: Video

Hunger, a silent crisis, extends its reach across borders, impacting lives in developing nations, war zones, and affluent countries alike. Ever pondered over the real cost of a plate of food?



Source: *Understand Goal 2: Zero Hunger (Secondary)* <https://www.youtube.com/watch?v=JjE76M0a054>

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Questions

- Where does hunger impact people, according to the video, and can you name three examples?
- How much does a bowl of bean stew cost in New York and South Sudan, as mentioned by the World Food Programme?
- Why is it difficult to grow food in South Sudan, and what role does climate change play in this situation?
- Besides the cost and availability of food, what does the video say hunger is also about?

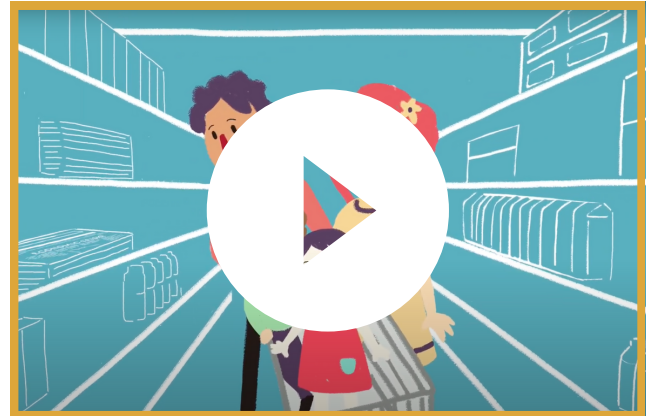




For more information...



Source: Zero Hunger 🍴🥗 SDG 2 🧑🧒 Sustainable Development Goals for Kids
<https://www.youtube.com/watch?v=ifCQ4LqT8G8>



Source: Understand Goal 2: Zero Hunger (Primary)
<https://www.youtube.com/watch?v=6K4Nz2wuwO8>



Source: Sustainable Development Goal 2 - End Hunger - Jayashree Arcot
<https://www.youtube.com/watch?v=DNCL-1ASmNc>



Source: SDG 2 Zero Hunger - UN Sustainable Development Goals - DEEP DIVE
<https://www.youtube.com/watch?v=UWFDMLPul-Q>





Did you know?



Since the Sustainable Development Goals (SDGs) were introduced, progress toward SDG 2 (Zero Hunger) has been notable. The global number of undernourished individuals dropped from 947 million in 2005 to 768 million in 2019.

SDG 2 highlights the importance of backing smallholder farmers, pivotal figures in global food production. Approximately 80% of the world's food comes from small-scale farmers, underscoring the necessity of empowering them to ensure food security.



Nations are increasingly embracing innovative agricultural methods and technologies to boost sustainable food production. These approaches encompass precision farming, agroecology, and the integration of digital technologies to enhance crop yields while minimizing environmental harm, in line with the objectives of SDG 2.

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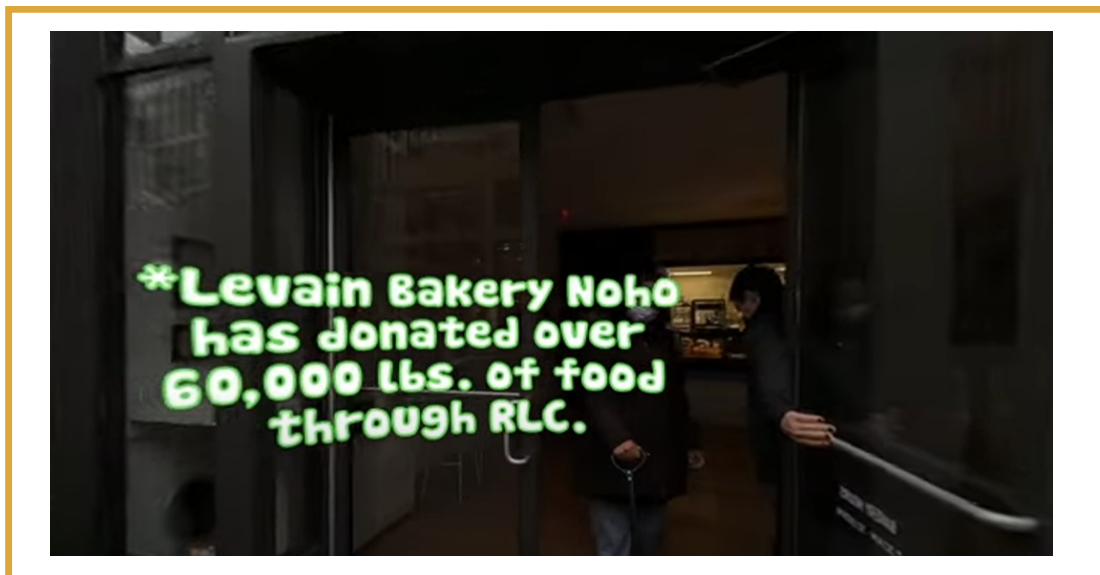
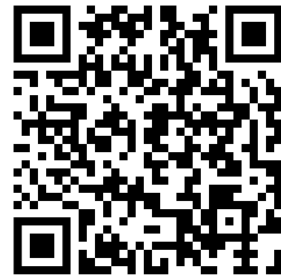


Food Rescue Adventure!

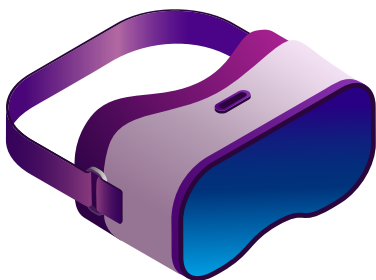
In this inspiring and soul-stirring video, we take you on a journey to understand what it truly takes to tackle food insecurity in the bustling streets of New York City. Prepare to be moved as we witness the tireless efforts of amazing individuals who strive to deliver excess food to those in need. Brace yourself for a unique training experience, as we unveil the dedication, passion, and teamwork required to make a difference. From coordinating logistics to navigating challenging urban landscapes, these unsung heroes show us that no obstacle is too big when it comes to feeding the hungry. Get ready to be empowered and motivated in this heartwarming tale of compassion and change!

How to get there

Visit the virtual experience by clicking the following link: [Food Rescue Adventure!](#) or by scanning the QR code.



Source: <https://www.youtube.com/watch?app=desktop&v=k7WGEZarYbw>



Instructions for VR goggles

If you have a VR-headset you can watch this video in VR.

1. Put on VR goggles and open the web browser in the VR-set.
2. Type in or enter the link in the address bar.
3. Look around, listen well and enjoy the video!

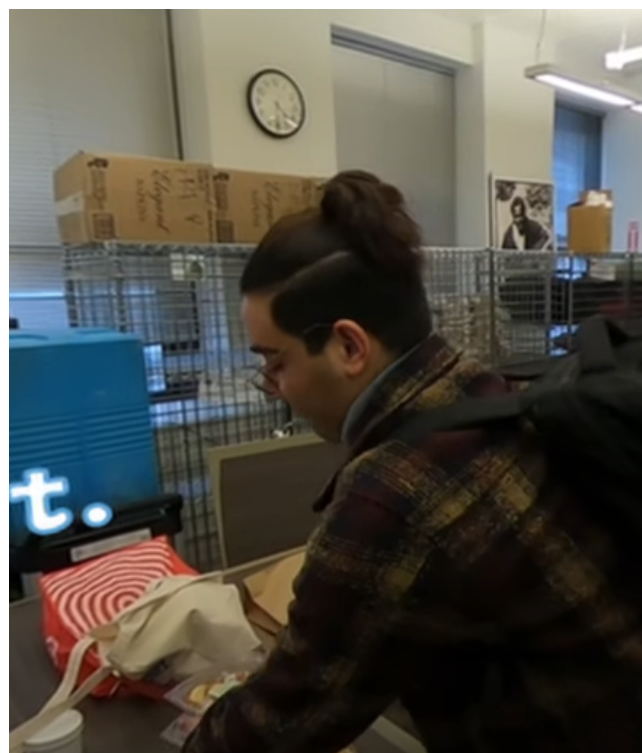
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Questions

- What is the main purpose of packaging the leftover products at Levine Bakery?
- What does hunger look like in your own community?



Try this experiment at home:

Objective:

Promote sustainable and zero-waste cooking practices.

Materials

- Ingredients available at home
- Cooking utensils

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Procedure:

1. Choose a simple recipe that uses ingredients already available at home.
2. Plan the cooking process to minimize food waste. Tip: you can use AI through ChatGPT for advice.
3. Cook a delicious meal using sustainable practices.
4. Reflect on ways to reduce food waste in daily life.

Learning Outcomes:

- Understanding of sustainable cooking practices.
- Hands-on experience in minimizing food waste.
- Awareness of the importance of responsible consumption (SDG 12).



What you can do

Support Local Farmers: Choose locally produced and seasonal foods to support smallholder farmers in your community. Purchasing their products helps strengthen local economies and contributes to achieving SDG 2 by fostering sustainable agriculture.

Reduce Food Waste: Be mindful of your food consumption to minimize waste. Plan meals, store food properly, and consider composting organic waste. Reducing food waste contributes to the efficient use of resources and aligns with the goal of SDG 2 to promote sustainable food system.

Participate in Community Gardens: Engage in community gardening projects or start one in your neighbourhood. Community gardens not only promote sustainable agriculture but also provide an opportunity for shared learning, foster a sense of community, and contribute to local food resilience, all aligned with the principles of SDG 2.

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